

# UPSIDE ★ DOWN MAGIC

FUN  
ACTIVITIES  
INSIDE!



# Welcome ✨

Now in its sixth year, the Youth One Book, One Denver reading program is a citywide, shared reading adventure just for kids. Pick up a copy of this year's book, "Upside-Down Magic" by Sarah Mlynowski, Lauren Myracle and Emily Jenkins, and join in the fun!

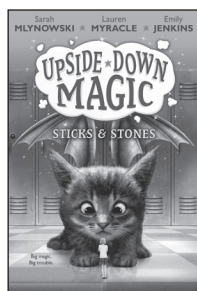
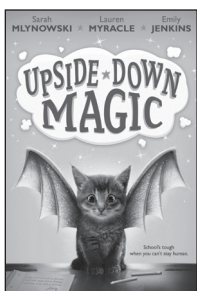
## How to Use Your Activity Book:

1. Complete activities in any order and at any time while reading the book.
2. Keep track of the activities you complete and the minutes you read in My Activity Tracker on the next page.
3. Throughout the summer, don't forget to check the Youth One Book, One Denver website at [artsandvenues.com/yobod](http://artsandvenues.com/yobod) for events and activities!

Check out the whole series at [Scholastic.com/UpsideDownMagic](http://Scholastic.com/UpsideDownMagic)



Look for  
***Upside-Down Magic,***  
a Disney Channel  
Original Movie – Coming  
This Summer!



### Disclaimer:

Reading, doing science experiments, trying yoga, visiting websites and exploring our city can be a wonderful adventure for you and your family! It's very important that you participate in these activities with a parent, guardian, or other trusted adult. Not only is it safer, but activities are also more fun when you have someone to share them with!

# My Activity Tracker ✨

*Check the box when you have completed an activity to record your progress.*

## City Scout (p 4)

- ☐ I Can Help
- ☐ City View
- ☐ Sounds of the City

## Inspired Artist (p 5)

- ☐ Shrunk Scene
- ☐ Positivity Portrait
- ☐ Animal Mashup

## Book Nomad (p 6)

- ☐ Animal Advocate
- ☐ Read Weird Words
- ☐ Suggest-a-Book Cootie Catcher

## Word Wanderer (p 11)

- ☐ Chapter Changeup
- ☐ Best Friends Mini Magazine
- ☐ Double Talk Comic Strip

## STEM Explorer (p 12-13)

- ☐ Fun with Freezing Points
- ☐ Magnet Magic
- ☐ Super Solar Nachos

## Movement Magic (p 16)

- ☐ Shake, Shake Groove
- ☐ Animal Charades
- ☐ You Might Like Yoga

# My Minutes of Reading ✨

*Color in one rectangle for every 15 minutes you read. Can you get to six total hours of reading this summer?*

Hour 1	Hour 2	Hour 3	Hour 4	Hour 5	Hour 6
1 hour	2 hours	3 hours	4 hours	5 hours	6 hours
45 min	1 hr, 45 min	2 hrs, 45 min	3 hrs, 45 min	4 hrs, 45 min	5 hrs, 45 min
30 min	1 hr, 30 min	2 hrs, 30 min	3 hrs, 30 min	4 hrs, 30 min	5 hrs, 30 min
15 min	1 hr, 15 min	2 hrs, 15 min	3 hrs, 15 min	4 hrs, 15 min	5 hrs, 15 min



# About the Book ✨

From New York Times bestselling authors Sarah Mlynowski, Lauren Myracle, and Emily Jenkins comes the hilarious and heartfelt story of a group of magical misfits.

Nory Horace is nine years old. She's resourceful, she's brave, she likes peanut butter cookies. Also, she's able to transform into many different animals. Unfortunately, Nory's shape-shifting talent is a bit wonky. And when she flunks out of her own father's magic academy, Nory's forced to enter public school, where she meets a group of kids whose magic is, well, different.

This new, offbeat series from hit authors Sarah Mlynowski, Lauren Myracle, and Emily Jenkins chronicles the misadventures of Nory and her oddball friends, who prove that upside-down magic definitely beats right side up.

Source: *Goodreads.com*



## The Five Types of Magic

**Flare** Can make heat and fire

**Flicker** Can make things invisible

**Fluxer** Can change into different animals

**Flyer** Can fly

**Fuzzy** Can easily tame animals

# About the Authors ✨



## SARAH MLYNOWSKI

is the author of many books for tweens, teens and adults, including the New York Times bestselling "Whatever After" series, the "Magic in Manhattan" series and "Gimme a Call." She would like to be a flicker so she could make the mess in her room invisible. Visit her online at [www.sarahm.com](http://www.sarahm.com).



**LAUREN MYRACLE** is the New York Times bestselling author of many books for young readers, including "The Winnie Years" (which begins with "Ten"), the "Flower Power" series (which begins with "Love Ya Bunches") and the "Life of Ty" series. She would like to be a fuzzy so she could talk to unicorns and feed them berries. You can find Lauren online at [www.laurenmyracle.com](http://www.laurenmyracle.com).



## EMILY JENKINS

is the author of many chapter books, including the "Toys Trilogy" (which begins with "Toys Go Out") and the "Invisible Inkling" series. Her picture books include "Lemonade in Winter," "Toys Meet Snow" and "The Fun Book of Scary Stuff." She would like to be a flare and work as a pastry chef. Visit Emily online at [www.emilyjenkins.com](http://www.emilyjenkins.com).

# City Scout ✨

*Complete one of the activities in this section and log your success on the Activity Tracker on page 1.*



## I Can Help

When Elliot and Nory ask to test out of the Upside-Down Magic class, Ms. Starr reminds them that their unusual powers mean they have something unique to offer (page 127). Later, the students use their talents to help a classmate in trouble. With the help of a friend or family member, create a list of your unique skills and talents. Are you good at writing? Can you play an instrument? Next, brainstorm ways you could use these talents to help others in Denver. Could you write letters to people who feel lonely? Could you play your instrument for residents of a nursing home? Complete this activity by performing a small service project.



## City View

Nory's Aunt Margo is a Flyer who can even take passengers with her as she flies high above the town of Dunwiddle (page 106). Use a computer to go to [www.GoogleMaps.com](http://www.GoogleMaps.com). Using Google maps in the satellite view mode, imagine you're flying high over the city of Denver. Can you find your house? What about your school, your neighborhood library and your favorite park? Can you find the Colorado State Capitol Building? Can you find a house with a swimming pool in the backyard? What else do you notice? Explore Denver from above and print out an aerial view of your neighborhood to share with your family.



## Sounds of the City

Whether beautiful music or awful noises, Sebastian sees all sound waves (page 72). With a parent, take a trip to a nearby park to create a picture of the sounds you hear there. Sitting quietly in the grass or on a bench, listen for sounds and use colored pencils or markers on a sheet of paper to draw each sound. Would the tweet of a bird be yellow or blue? Would it be tight scribbles or long waves? What about the rumble of a garbage truck? Layer on each new sound you hear to make a “sound picture” of the park.

# Inspired Artist ✨

*Complete one of the activities in this section and log your success on the Activity Tracker on page 1.*



## Shrunkened Scene

Marigold's upside-down magic makes things shrink. She even made her bed so tiny that she now must sleep on an air mattress (page 82). Using paper, markers, tape and scissors, create a tiny room complete with tiny furniture inside a mint tin or small box.



## Positivity Portrait

Ms. Starr wants the students in her Upside-Down Magic class to appreciate their differences and realize that they each have valuable skills to share with the world (page 127). What are your unique talents? Can you make people laugh? Are you good at solving math problems? Do you speak a second language? Paste a photo of yourself in the middle of a large piece of paper or draw a self-portrait. Next, use colored pencils to write down your unique talents all around your photo. Hang your positivity portrait where you'll see it every day as a reminder of what makes you, you!



## Animal Mashup

Nory's magic always goes a bit "wonky," causing her to turn into mixed-up animal creatures like a "bitten" (a combination of a beaver and a kitten) or a "skunkephant" (a combination of a skunk and an elephant). Create your own mixed-up animal creature from printed images of animals or draw your own animal parts to paste together. Why did you choose each part for your creature? What do you call your creature?

# Book Nomad ✨

*Complete one of the activities in this section and log your success on the Activity Tracker on page 1.*



## Animal Advocate

Nory's sister Dalia is a Fuzzy, which means she can easily tame animals. She has lots of pets including bats, ferrets, toads, mice, rabbits and even a toucan (page 10). When Nory considers blaming Dalia's pets for a mess she made, Dalia speaks up on behalf of her pets as their advocate. How could you become an advocate for animals that are in trouble? Research an endangered animal to find out where the animal lives, what it eats, why it is threatened and what might be done to help. Share what you learned with your family.



## Read Weird Words

Sometimes there just isn't the right word to describe something. When this happens, authors will sometimes make up new words. In "Upside-Down Magic," the authors created new words to describe Nory's mixed-up creatures including "bitten" and "dritten," as well as words for the five types of magic. Read more invented words in Lewis Carroll's famous "Jabberwocky" poem or in a book by Roald Dahl or Dr. Seuss. You can use the internet or the library to find these books and poems.

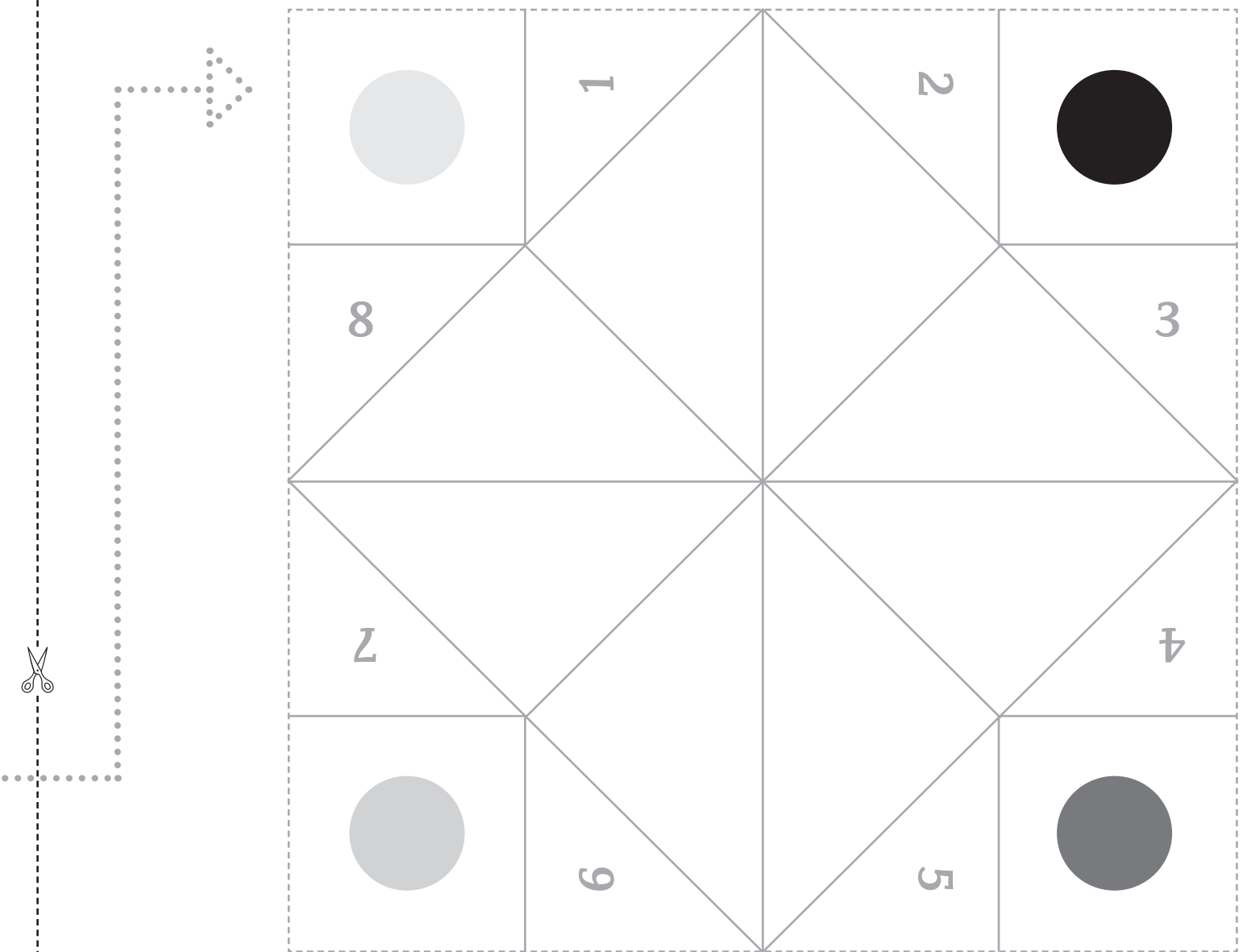


## Suggest-a-Book Cootie Catcher (next page)

What would a Fuzzy, Flare, Flicker, Flyer or Fluxer like to read? If you were recommending a book to characters in "Upside-Down Magic," what would you say? Perhaps you'd recommend your favorite animal book to Dalia or your favorite adventure story to Elliot. Fill in the cootie catcher template on page 7 of this booklet with the titles of eight of your favorite books. Next, cut it out, fold it according to the directions and invite friends and family members to get a book recommendation from your new suggest-a-book cootie catcher!

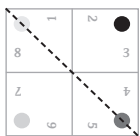


# Suggest-a-Book Cootie Catcher ✨

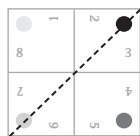


## How to Make the Suggest-a-Book Cootie Catcher

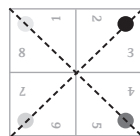
1. Write in 8 of your book recommendations in the inside triangles.
2. Cut out the cootie catcher on the dotted lines.
3. Fold two opposite diagonal corners together, then open back up.
4. Fold the other two opposite corners together, then open back up.
5. You should have folded lines that cross diagonally in the center of the paper.
6. Turn paper printed side down. Fold all 4 corners to center of the paper.
7. When all four corners are folded, your catcher will have all four colored dots facing up (see diagram below).
8. Flip your paper over and again, fold all four corners to the center of the paper.
9. When all four corners are folded, your catcher will look like step 9 below.
10. Fold any two sides together. Make sure the numbers are on the inside, dots on the outside.
11. Slide your thumbs and fingers under the four flaps. Now you're all ready to play!



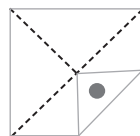
Step 3



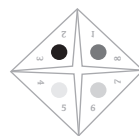
Step 4



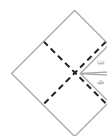
Step 5



Step 6



Step 7



Step 8



Step 9



Step 10



### **How to Play with the Suggest-a-Book Cootie Catcher**

1. With the cootie catcher closed (and the colored dots showing), ask a friend to choose a color. Close-and-open the cootie catcher once for each letter in the name of the color. As you close-and-open the cootie catcher, alternate between opening it by moving your forefingers and thumbs apart, and opening it by moving your hands apart with forefingers and thumbs pinched together.
2. Be sure to stop with the cootie catcher open. You should see four numbers showing. Ask your friend to choose a number and then close-and-open the cootie catcher that many times.
3. You should see four numbers showing again. Ask your friend to choose a number and then lift that flap to reveal a book recommendation.

# Word Search ✨

Can you find these words hidden in the grid? Words may be horizontal, vertical, diagonal, and even backwards.

K	Y	R	O	N	R	N	T	S	A	O	T	K	P
R	R	R	R	D	K	E	E	D	D	K	K	F	I
A	A	A	N	A	E	E	K	T	A	E	X	L	Z
N	O	R	M	A	L	N	D	C	T	N	F	U	Z
R	M	A	G	I	C	K	V	F	I	I	C	X	A
S	Z	E	B	Y	T	R	B	E	U	L	K	E	E
P	E	G	E	E	E	O	V	O	R	Z	F	R	D
A	R	I	S	R	L	W	R	R	O	R	Z	D	R
R	O	L	A	F	E	M	T	E	E	K	T	Y	L
K	F	L	A	T	I	A	M	Y	X	L	S	D	F
I	F	S	U	M	M	E	R	L	E	N	A	A	R
E	W	O	N	K	Y	T	U	F	R	F	Y	E	R
S	T	F	R	I	E	N	D	S	H	I	P	R	K
K	T	Y	A	Y	A	Y	R	E	Y	N	E	K	B

Flare

Denver

Friendship

Wonky

Fuzzy

Magic

Read

Toast

Fluxer

Sparkies

Dance

Summer

Flicker

Pizza

Teamwork

Nory

Flyer

Kitten

Normal

Book



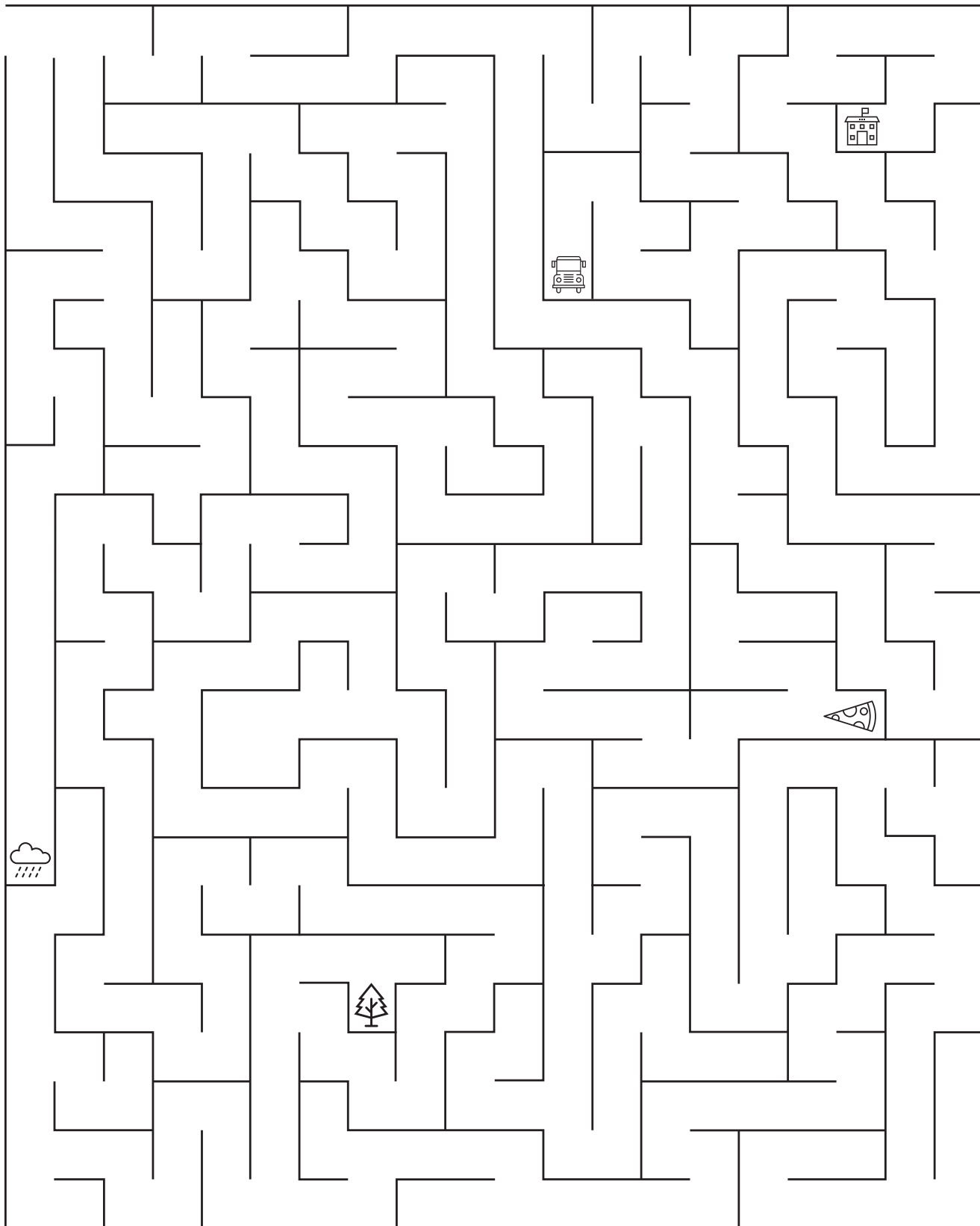


# Maze ✨

Help Aunt Margo fly through the maze to her destination.



START  
at Nory's  
House



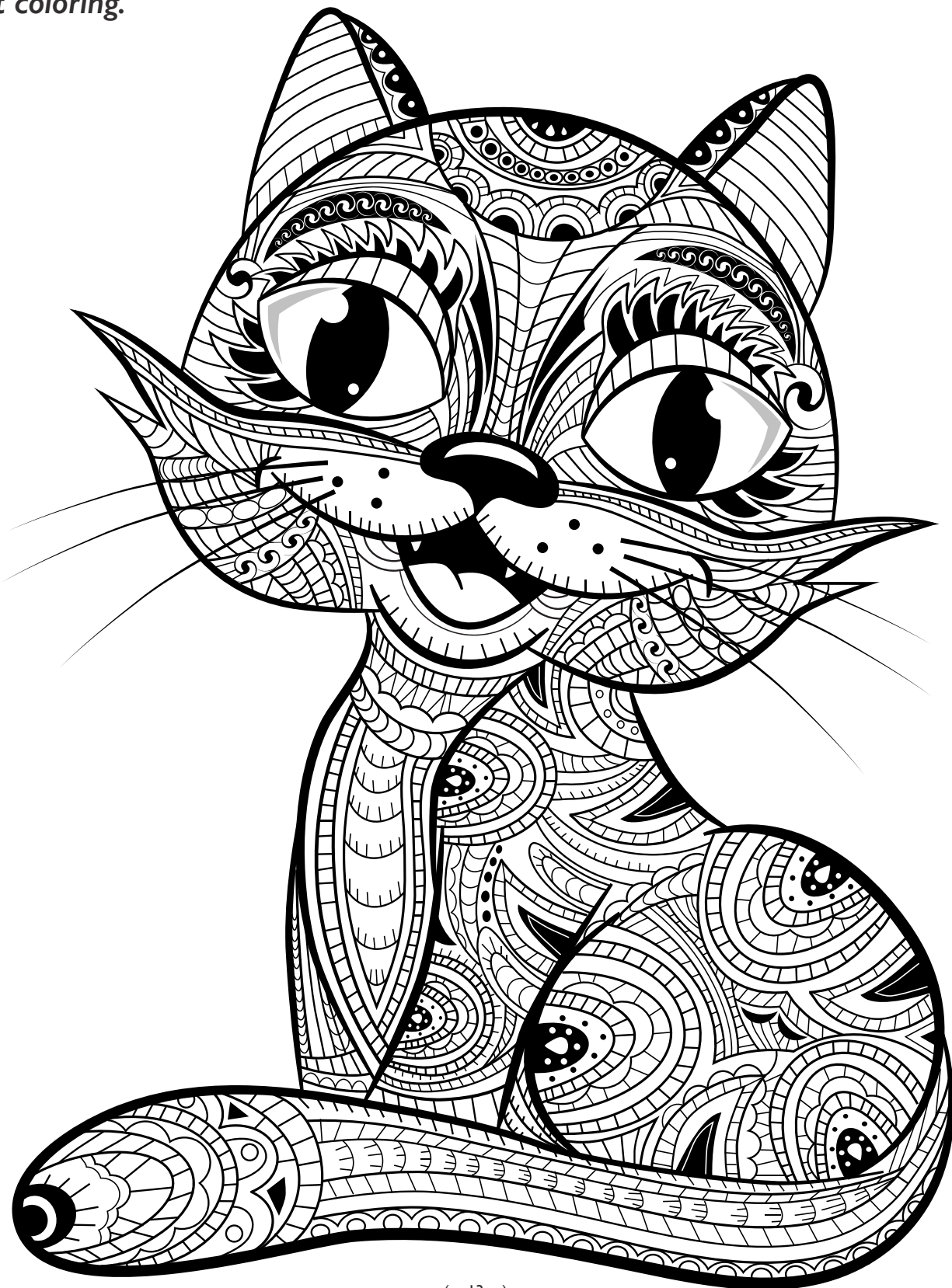
END at Aunt  
Margo's House





# Mindfulness Coloring ✨

*At the end of a busy day, sitting quietly and carefully coloring a detailed design can help you feel calm. As you color, try to notice each shape as you fill it in. Pay attention to the colors you use. Give your mind a break from thinking of anything except coloring.*





## Do you know Portmanteau?

A portmanteau is a word that's created by combining the sounds and meanings of two words. For example, "brunch" comes from combining "breakfast" and "lunch" to describe a meal that's eaten between breakfast time and lunchtime. Can you think of a portmanteau from "Upside-Down Magic"? Can you invent a new portmanteau?



# Word Wanderer ✨

*Complete one of the activities in this section and log your success on the Activity Tracker on page 1.*



## Chapter Changeup

There's always more than one side to a story, right? "Upside-Down Magic" focuses on Nory's experiences and her thoughts about events in the story, but what might the other characters be thinking? Choose a chapter from the book and imagine how a different character would tell about the same events. One possibility: rewrite the cafeteria scene in chapter 10 from the perspective of the Sparkies.



## Best Friends Mini Magazine

The students in the Upside-Down Magic class at Dunwiddle School are often teased because of their differences, but just like any kid at any school, they want to feel included and find friends. Create your own mini magazine about friendship that includes tips for being a good friend, advice for cheering someone up on a hard day and games to play with friends. Add photos and drawings to make your magazine colorful.



## Double Talk Comic Strip

Throughout the book, the authors not only write about what characters are doing and saying, but also include Nory's internal dialogue (what she is thinking). Being able to read what Nory is thinking helps the reader understand her. Explore this idea by creating a comic strip with two halves for each frame: one showing what your character is doing or saying, and another that shows what your character is thinking at that moment.

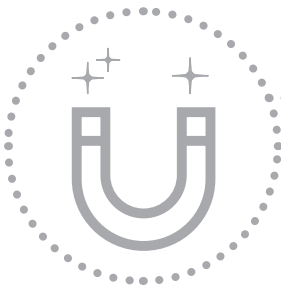
# STEM Explorer ✨

*Complete one of the activities in this section and log your success on the Activity Tracker on page 1.*



## Fun with Freezing Points

Even though Elliot is a Flare, he also has the power to freeze things (page 74). You can make your own ice cream with a few basic ingredients from your kitchen and some science. Combine these ingredients in a small zip-top bag:  $\frac{1}{2}$  cup milk or half and half, 1 tablespoon sugar and  $\frac{1}{4}$  teaspoon vanilla extract. Seal the bag well. Place the small bag inside a gallon-sized zip-top bag and add 4 cups of ice cubes. If you were to shake your ice cream as it is now, you'd notice that the mixture wouldn't get cold enough to freeze. How can you make things colder? By adding salt! Pour  $\frac{1}{2}$  cup of kosher salt (or plain table salt) over the ice cubes and seal the larger bag. The salt lowers the temperature at which water freezes (its "freezing point"), and changes the way ice cubes melt. The bag will get quite cold now, so wrap it in a towel or wear gloves as you shake the bag for about 5 minutes. Once the ice cream has hardened, open up the bags and enjoy your treat!



## Magnet Magic

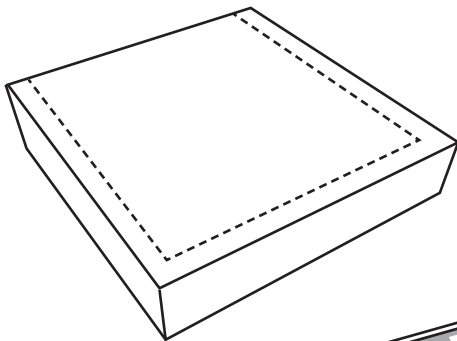
Make your own floating Andres! Cut out a small person shape from a sheet of paper. Add details with markers and then tape a paperclip on the back. Tie a 6-inch piece of thread or yarn to the paperclip and then tape the other end to the table. Use a strong magnet to attract the paperclip and make your mini Andres figure seem to float above the table. Learn more about magnets by researching online or at your library.



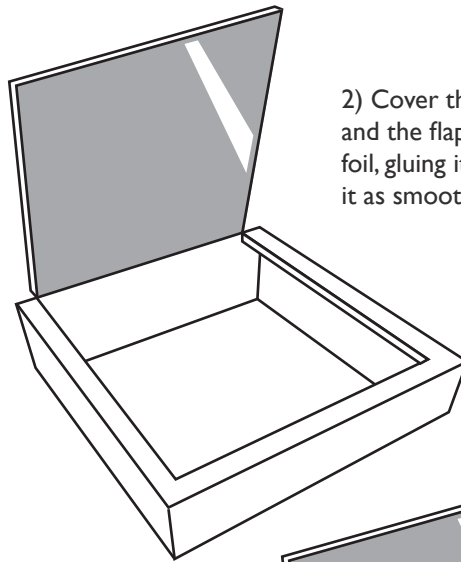
## Super Solar Nachos

Students with Flare magical talents can warm foods with their bare hands (page 16). For the rest of us, let's use the power of science to make nachos using energy from the sun. *You'll need a pizza box, aluminum foil, plastic wrap, tape, a stick, shredded cheese, tortilla chips, and an adult helper.* Ask an adult to cut a 3-sided flap out of the top of the box, leaving at least a 1-inch border around the three sides. Cover the flap and the inside of the box with aluminum foil to create a panel that reflects rays from the sun into the box. Try to keep the foil as smooth as possible to create a mirror. Set up your solar oven outside in a sunny spot while the sun is high in the sky (11 a.m. – 3 p.m.). Put some corn chips on a plate inside your oven. Sprinkle on some shredded cheese, then cover the hole in the box lid with plastic wrap and tape it in place to create a window. Use a stick to prop up the flap so that sunlight is reflected into the window in the box lid. And now wait. Solar ovens can take a little while to warm up and cook your food. When the cheese is melted, your snack is ready! Be careful when taking hot food out of your solar oven and use oven mitts to handle cooking dishes. What else can you make in your new oven?

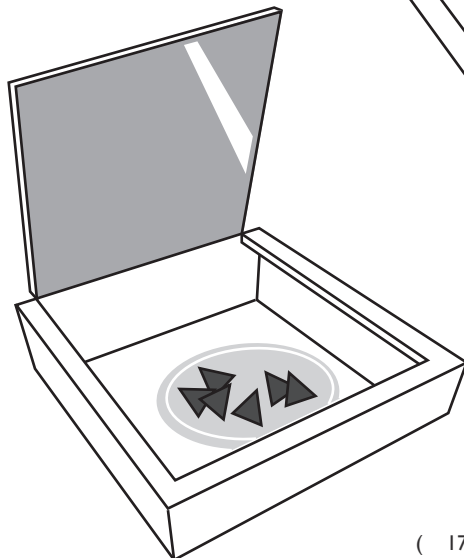
1) Cut here, 1 inch from the edge of the box top



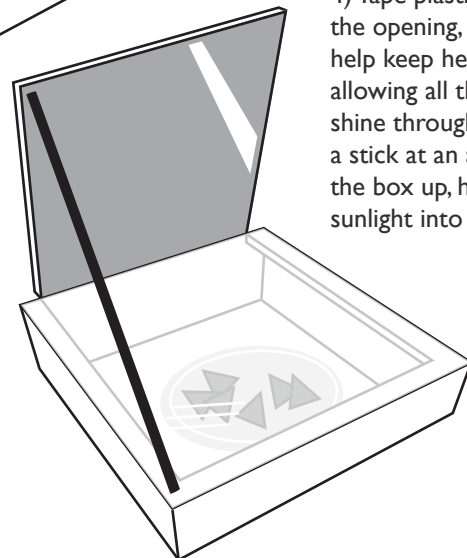
2) Cover the inside of the box and the flap with aluminum foil, gluing it down to make it as smooth as possible



3) Place your nachos in the box



4) Tape plastic over the opening, which will help keep heat in, while allowing all the light to shine through. Then place a stick at an angle to prop the box up, helping reflect sunlight into the box.



# Great Books Spark Great Conversations ✨

*After reading "Upside-Down Magic," use these questions to start a book chat with a friend or family member.*

1. When Nory is preparing to take the Big Test to see if she will get into Sage Academy, how does she prepare? What are ways that you prepare for tests?
2. In the story, Nory's teacher, Ms. Starr, says, "Things worth doing are usually hard." What's something that you thought was hard at first, but then were proud to have accomplished?
3. If you could have the same magical talents as one of the characters in the book, what would you choose? Why?
4. Nory and the other students in the Upside-Down Magic class often feel left out because their magic is different. Are there kids at your school who sometimes feel left out too? What could you do to make them feel more included?
5. Part of developing Upside-Down Magic is learning to understand, not control, one's feelings. How could this advice be helpful to people without magic?



# Great Reads to Check Out ✨

*If you enjoyed reading "Upside-Down Magic," the children's librarians at the central branch of Denver Public Library think you'll enjoy reading these books, too.*

## **A Dragon's Guide to the Care and Feeding of Humans**

Laurence Yep & Joanne Ryder

## **Igraine the Brave**

Cornelia Funke

## **The Sasquatch Escape**

Suzanne Selfors

## **A Snicker of Magic**

Natalie Lloyd

## **Unusual Chickens for the Exceptional Poultry Farmer**

Kelly Jones

## **Pip Bartlett's Guide to Magical Creatures**

Jackson Pearce & Maggie Stiefvater

## **Operation Bunny**

Sally Gardner

## **Spaceheadz**

Jon Scieszka

## **Life of Zarf: The Trouble with Weasels**

Rob Harrell

## **Clover's Luck (Magical Animal Adoption Agency series)**

Kallie George

## **Dragons and Marshmallows (Zoey and Sassafras series)**

Asia Citro

## **Zapato Power: Freddie Ramos Takes Off**

Jacqueline Jules

## **Archie Takes Flight (Space Taxi series)**

Wendy Mass

## **Oddly Normal**

Otis Frampton

## **Secret Coders**

Gene Luen Yang

## **Mighty Jack: Book 1**

Ben Hatke

## **Cici: A Fairy's Tale. 1, Believe Your Eyes**

Cori Doerrfeld

## **Behold the Bold Umbrellaphant: And Other Poems**

Jack Prelutsky

# Movement Magic ✨

*Complete one of the activities in this section and log your success on the Activity Tracker on page 1.*



## Shake, Shake Groove

Dance all your feelings out! Ms. Starr challenges her students to explore their feelings as they move like sea creatures to ocean-themed music (page 108). Plan a dance party for your family or friends by choosing a theme, making invitations and writing out a playlist of songs. As the music plays, take turns letting each person teach everyone else a new dance move!



## Animal Charades

While Fluxers like Nory can change into animals, non-magical people have to just pretend. Create your own animal guessing game by first making a set of 12 cards each labeled with a different animal. Try to choose animals that are different from each other, like a bumblebee and a stingray. Next, gather friends or family members to take turns drawing a card and then acting out the animal while everyone else tries to guess the answer.



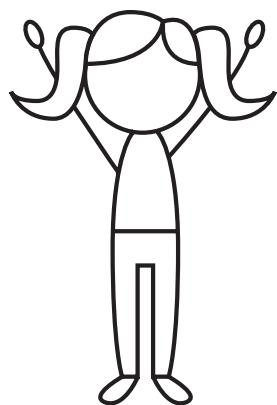
## You Might Like Yoga

Kids in the Upside-Down Magic class do math and geography, but they also do interpretive dance and yoga (page 168). Yoga can be a great way to relax and “center” yourself when you’re feeling stressed. Try the poses shown on the yoga cards on the following page. Breathe in and out calmly as you hold each pose for three breaths or as long as it’s comfortable. Always listen to your body! If something doesn’t feel quite right, stop what you’re doing and try a different pose.

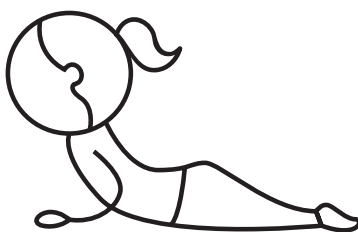
# Beginning Yoga Poses ✨

Color the children and then cut out the cards on this page. Try these poses as you complete the You Might Like Yoga activity.

**Mountain**



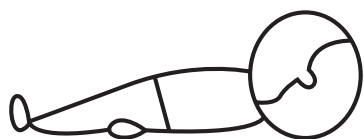
**Cobra**



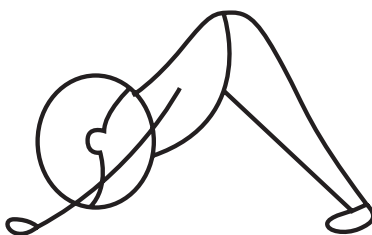
**Cat**



**Savasana**




**Downward-Facing Dog**



**Tree**





**Check out other  
Youth One Book One  
Denver activities at**

**[ArtsandVenues.com/YOBOD](https://ArtsandVenues.com/YOBOD)**