#### Bullying

- unwanted
- aggressive behavior
- real or felt <u>power imbalance</u>
- occurs more than once

# PERSON being bullied

## PERSON doing the bullying

## PERSON Whois bystanding

### UPSTANDER

#### EMPATHY

being able to *understand* someone by putting yourself in their

#### Joking

- Everyone is having fun
- No one is getting hurt
- Equal participation

#### Mean Moment

- someone is hurt on purpose
- only happens once
- reaction to a strong feeling

#### Conflict

- no one is having fun
- a solution is possible
- equal balance of power